

I have assisted women in delivering 128 babies in the IDP camp since 2014  
~ Mama



*Mama holding a baby in the Area 1 IDP Camp*

Liyatu Yusuf - Mama, as I fondly call her, has been living in the Area 1 IDP camp in Abuja for more than five years. She is the female camp leader and has been assisting women in delivering their babies. According to her, since 2014, she has helped to deliver 128 babies.

She serves as a traditional birth attendant for women in the camp. She provides basic healthcare support and advice during pregnancy and after childbirth. Mama also respects the local customs and practices, which makes the women comfortable. She is a source of constant encouragement and hope for the women in the camp.

She supports women mostly with her own resources and the help of individuals and organisations.

***“My birthing kit is finished, I no longer have gloves, but I have to go on. The women need me.”, she said.***

Although Mama has taken on this role selflessly, she has also suffered pain and trauma. She lost her husband in the BokoHaram conflict and is now responsible for taking care of herself and her children. Mama earns a living through her food business by selling Akara (bean cake) and Potato. We consistently support her business through a monthly order to feed children under the age of 10. This support enables her to continue helping the women in the camp.

Mama is an everyday hero!